


Menu C	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast		<i>Baked Croissants & Fresh Fruit Platter Porridge ***** Wholemeal Toast & Cereals Fresh Fruit & Yogurts</i>	<i>Grilled Sausage Hash Browns ***** Wholemeal Toast & Cereals Fresh Fruit & Yogurts</i>	<i>Grilled Bacon & Baked Beans ***** Wholemeal Toast & Cereals Fresh Fruit & Yogurts</i>	<i>Scrambled Egg & Hash Browns ***** Wholemeal Toast & Cereals Fresh Fruit & Yogurts</i>	<i>Grilled Sausage Grilled Tomatoes Sauté Mushrooms ***** Wholemeal Toast & Cereals Fresh Fruit & Yogurts</i>
Morning Break	<i>Water & Milk Fresh Fruit Oaty Flap Jack</i>	<i>Water & Milk Fresh Fruit Apple Streusel</i>	<i>Water & Milk Fresh Fruit Honey & Bran Muffins</i>	<i>Water & Milk Fresh Fruit Apple & Cinnamon Muffins</i>	<i>Water & Milk Fresh Fruit Oaty Flap Jack</i>	<i>Water & Milk Fresh Fruit Cherry Scones</i>
Lunch	<i>Macaroni Cheese Pasta Bake Rustic Bread Garden Peas ***** Spotted Dick & Custard</i>	<i>Lamb Hot Pot Medley of Steamed Vegetables Gravy ***** Fruit Jelly & Ice Cream</i>	<i>Beef Chilli Con Carne Steamed Rice Flat Bread Green Beans Guacomole ***** Mixed Berry & Peach Crumble & Custard</i>	<i>Roast Pork & Apple Sauce Roast Potatoes Sliced Carrots Broccoli Florets ***** Fresh Fruit Salad & Honey Yogurt</i>	<i>Oven Baked Battered Haddock Chipped Potatoes Baked Beans Mixed Salad ***** Apple & Sultana Slice & Fresh Cream</i>	<i>*****</i>
Afternoon Break	<i>Sultana Scones</i>	<i>Cheese & Tomato Bread</i>	<i>Jacket Potato Cheese & Beans</i>	<i>French Bread Pizza</i>	<i>Apple Streusel Tray bake</i>	<i>*****</i>
Grub Break	<i>Water & Milk Fresh Fruit</i>	<i>Water & Milk Fresh Fruit</i>	<i>Water & Milk Fresh Fruit</i>	<i>Water & Milk Fresh Fruit</i>	<i>Water & Milk Fresh Fruit</i>	
Supper	<i>BBQ Chicken Kebabs Savoury Rice Pitta Bread ***** Banana & Yogurt</i>	<i>Home Made Quiche Lorraine Herby Diced Potatoes Coleslaw ***** Cheese & Biscuits</i>	<i>Baked Fish Pie Topped with Mashed Potatoes Vegetable Medley ***** Fresh Fruit Platter</i>	<i>Stir Fry Pork Vegetable Noodles Sweet & Sour Sauce ***** Apple Tart</i>	<i>Dorset Jugged Steak Creamed Potatoes Roast Root Vegetables ***** Banana & Yogurt</i>	